

COACHES

WAIVER OF LIABILITY FOR PARTICIPATION IN CAMP

I acknowledge that there are certain risks of serious injury to the participant in this program and voluntarily assume these risks. I hereby, release and agree to hold harmless VCSU, the State of North Dakota, and all employees from all such claims for any injuries or damages that may be sustained by the participant in relation to this program. Further, I consent to emergency medical treatment for the participant as deemed necessary.

VCSU/State of North Dakota does not insure participants in this program and are not responsible for any medical expenses incurred by the participant.

Child's Name: _____

Parent/Guardian: _____

Date: _____

Insurance Company: _____

Policy Number: _____



Head Coach, Vanessa Johnson

is in her fifth season as head coach of the Valley City State University women's basketball program in 2020-21.

In Johnson's first season at VCSU, the Vikings set a school record with 25 wins, won the NSAA Conference Tournament, and qualified for the NAIA National Tournament for the fifth time in school history. Valley City State University finished the year ranked No. 14 in the NAIA Top 25 Coaches' Poll.

Johnson's 2017-18 team finished the year with a 25-5 overall record and set new school records for wins (25), winning percentage (.833), scoring average (76.5 points/game), shooting percentage (.463) and free throw percentage (.769).

In 2018-19, the Vikings went 10-4 in conference play and 14-14 overall as they finished third in the NSAA standings. In 2019-20, Valley City State went 9-5 in conference play and 12-14 overall as they finished fourth in the NSAA standings. Senior center Mackenzie Huber was named 1st Team All-Conference and Honorable Mention All-American, while junior forward Macey Kvilvang was named Honorable Mention All-Conference

A native of Hartford, S.D., Johnson joined VCSU after working one year as head girls basketball coach and elementary reading specialist at Detroit Lakes Public Schools (Minn.).

Prior to that, Johnson was an assistant women's basketball coach at Minnesota State University Moorhead for three seasons. In her final season at MSUM she helped the Dragons to 21 wins, the NSIC North Division title and their 16th straight winning season.

Johnson played collegiate basketball for four seasons, including two at South Dakota State University and two at the University of Sioux Falls.



Assistant Coach, Taylor Henningsgard

is in her second season assisting the Viking women's basketball program in 2021-22.

Henningsgard joins the Vikings from Lake Region State College (NJCAA) where she served as an assistant coach and interim powerskills advisor. She also has college coaching experience from Briar Cliff University (NAIA) and Minot State University (NCAA Div. II). She was also head coach of the AAU 16U North Dakota Attack for one season.

Henningsgard was a previous standout point guard at Lake Region State College where she was named 1st Team All-Conference and Region XIII Tournament Most Valuable Player. She finished her career at Dickinson State University where she was named 1st Team All-Conference as a senior. At Central Valley High School, Henningsgard was named the North Dakota Class B District, Region, and State Senior Athlete of the Year. She was also a finalist for North Dakota Miss Basketball.

www.vcsuvikings.com



VALLEY CITY STATE UNIVERSITY

VIKINGS

WOMEN'S BASKETBALL

PROSPECTS CAMP

June 8, 2022 ♦ 9 a.m. – 5 p.m.



9:00 a.m. – 12:00 p.m. Individual Instruction

- Player-Development
- Position-Focused
- Knowledge and skills to compete at athlete's current level and advance to the next level
- Tools to help improve athlete's game away from camp

12:00 p.m. – 12:30 p.m. Lunch

- Provided by VCSU Women's basketball

12:30 p.m. – 2:00 p.m. Rotations

- VCSU Tour
- Player Panel: A chance to ask VCSU Women's basketball players questions about VCSU Women's basketball, college basketball, recruitment, etc.
- Program Information: All you need to know about the VCSU Women's basketball program & more!

2:00 p.m. – 5:00 p.m. 5 on 5 Games

- Play live against the best competition in N.D., Minn., and surrounding areas
- Play alongside potential VCSU WBB teammates as well as current VCSU WBB players



ABOUT THE CAMP

Our camp will only be available to those who were personally invited. Congratulations, you are someone we deem a recruiting prospect in the VCSU Women's Basketball 2023 and 2024 recruiting classes!

We envision our camp to be an event for both individual growth and an in-depth, first-hand view of what Valley City State University and Valley City State University Women's Basketball are all about. We will provide you with the following experiences: individual skill development, live competition against some of the best girls basketball players in North Dakota and surrounding states, information about what it takes to be a college basketball player, a VCSU campus tour, and an opportunity to get to know, and play with, our very own VCSU women's basketball players and coaches.

ABOUT OUR PROGRAM

- National Tournament Appearances: 5
- Conference Championships: 6
- Conference Tournament Championships: 2
- NAIA All-Americans: 10

Coach Johnson's Tenure:

- Conference Record: 47-25 --- Finished top 3 in the conference 4 of the 5 years
- National Tournament Appearances: 1
- Conference Tournament championships: 1
- 2017-2018 team has school records in: wins, winning percentage, scoring average, shooting percentage, and free throw percentage
- All-Conference players: 11
- NAIA All-Americans: 2 - Lexi Lennon (2x), Mackenzie Huber (2x)
- NAIA Scholar Athletes: 9
- Defensive Player of the Year: 1



Valley City State POSITION CAMP/TEAM CAMP Registration Form

or contact Taylor Henningsgard at t.henningsgard@vcsu.edu to register online.

Cost: \$65/person for the camp (lunch provided).

Name	High School	City	State	Zip	T-Shirt Size
Mailing Address					Position
Phone		Email			
Your next grade in high school:		<input type="checkbox"/> 11 <input type="checkbox"/> 12			

Please include your check made payable to VCSU
Mail check and registration form to:
Vanessa Johnson • VCSU Prospect Camp
 101 College Street SW • Valley City, ND 58072

REQUIRED: Please complete the Waiver of Liability on the reverse side of this form.

WHERE IS THE CAMP LOCATED?

VCSU is located 45 minutes west of Fargo on Interstate 94. The Osmon Fieldhouse is located 2 blocks north of Exit 292.